



# LC

Strengths Coaching

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## Pricing Guide

Coaching on your greatest talents is an investment in yourself, your team, your company and your community. Please use this sheet to determine the services I offer that best match your needs.

# COACHING OPTIONS

## Team Coaching

Team coaching starts with the team's goals and finishes with action items for the team to move towards. This coaching option works best if you want to:

- Enhance collaboration and team work
- Improve team dynamics and trust and/or
- Focus on team performance goals

Coaching includes pre-meetings with manager and up to 8 team members, pre and post-work, 4-hour workshop and a concluding meeting with the manager.

\$2000

## Group Coaching

A group of people (up to 25) want to invest in their strengths education, but their work is not tied together. This 4-hour interactive workshop will increase participants self-awareness of their talents, their understanding of how their talents show up and help them to start applying them towards their goals.

\$1500

# COACHING OPTIONS cont.

## Strengths Feedback Session

You have taken the CliftonStrengths assessment and would like to have a coach help you make sense of your greatest talents and how you can apply them to work and life. Through this conversation we will increase your awareness, understanding and appreciation of your talent themes. This is a 1-hour session.

\$150

## Individual Coaching (3 Sessions)

To maximize your talents and turn them into strengths, a coach will help you name your natural thought patterns, feelings and behaviors; claim how they show up for you; and help you to aim your greatest talents towards your goals. We will do this over 3 one-hour sessions.

\$400

## Customized Options

Call or email me to talk about your specific needs.

## Additional items to consider when considering investment:

- Assessment codes
- Materials
- Travel
- Number of team members